



CRESCENDO

ISSUE NO 4

THE OFFICIAL NEWSLETTER OF DISTRICT 122

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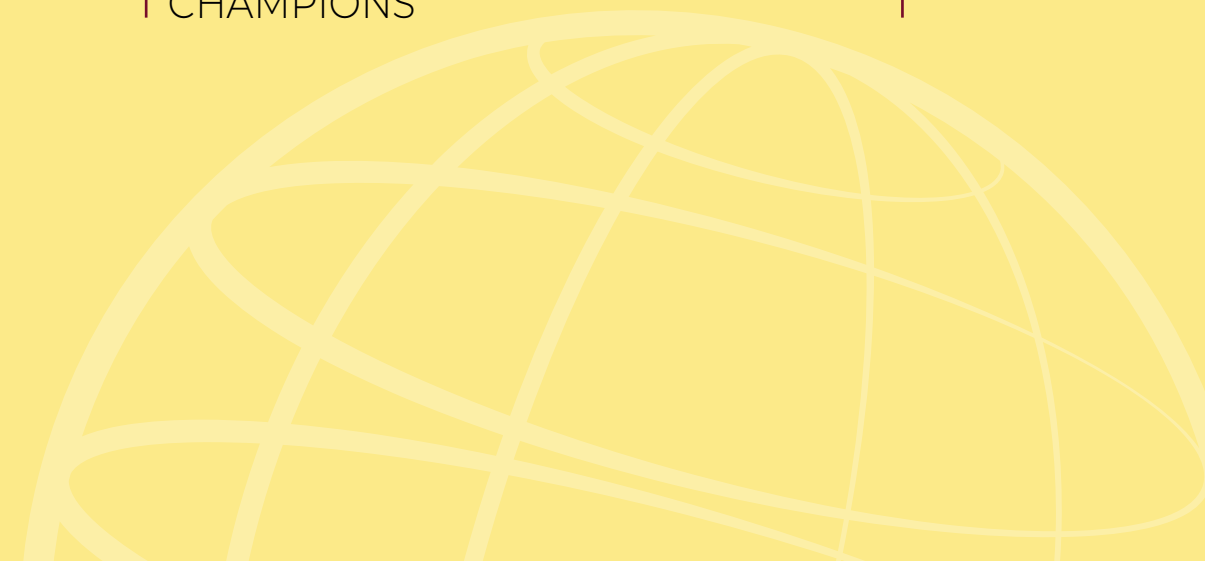
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EDITORIAL

Zaid Kaliya, DTM

I am feeling excited on sharing the forth issue of Crescendo. In this World, most of people wants to become, successful by leaving others behind. In toastmasters, we want to **LEAVE NO ONE BEHIND**. This was the theme of our third district annual conference and this issue.

In this issue you will meet 5 Champions, who will shatter your mental block (if any) and you will start believing that you can become a Champion; in fact, a Champion is residing in you. We have captured Annual Conference in pictorial to form which is an evidence that we are starting to reap the fruits of seed sowed three years ago. The issue contains an inspirational message from our District Director DTM Talha Bin Hamid, whose services to Toastmasters community will be remembered forever along with other district leaders.

I would like to thank my team members who had put in their heart and soul to publish this issue. Looking forward to your contribution for next issue and feedback on this one at zkaliya@hotmail.com



MESSAGE FROM DISTRICT DIRECTOR

Talha Bin Hamid, DTM

2021-22 is drawing to a close, and it has been the proverbial roller coaster ride which promises to enthrall and excite right till the end. Since last issue of Crescendo, we have had 7 in-person events across four cities of Pakistan. The first round of such events was in March, called District Trio Connect; it was a perfect blend of supplemental club officers' trainings, networking and fun. During May we had PAKTAC 2022, with the theme Leave No One Behind. I can confidently say that PAKTAC 2022 must be one of the best, if not the best, Annual Conference in the world, due to its theme, its eminent speakers, and the enthusiastic participation of 400+ people across three cities. We dared to dream and the Almighty rewarded us far beyond those dreams. Today, we are richer, happier and more motivated than ever before and we are ready to face any challenge.

You will surely recognize the greatness and the glory through this issue of Crescendo. Just remember: with Toastmasters Pakistan, an exciting opportunity is always just around the corner!



KHURRAM SAEED

D122 International Speech Champion

Tell us about yourself?

Someone living the notion “Hai Justa ju ke khub say hai khub ter kahaan” – my search is for the better of the best. Professionally, I am an engineer working as Regional Continuous Improvement Manager for Middle East & Africa with Kimberly Clark Corporation. I’m a proud father of two boys & quite passionate for public speaking since my childhood.

How are you feeling on becoming the champion?

Honored, happy, motivated, and hungry. But once you won; the feelings depend on how you presumed this achievement as a target or a journey? To me it is a journey, so I feel hungry! hungry for more success, hungry to reach on the next level.

What is your family members reaction to your victory?

I believe they are happier than me because if you see on the collective note, they did somewhat equal or more than me. All the energy boosting hugs and motivational kisses from my kids, my wife background prop support, and above all my mother praying for my success every moment, is all what makes a person a champion. So, definitely they are far much happier than I am!

Tell us about your journey to the title?

The most important word in your question is journey; the journey is what continues and actually the journey has just begun. I never thought of it that I'll be the public speaking champion of Pakistan. But it was always in mind that this is one of the milestones in the journey toward excellence. It was an interesting, full of fun, exciting and a tough journey from club to area to division and then at national district level. I enjoyed it thoroughly and ought to run all over again.

Any advice to fellow toastmasters?

Fellow toastmasters try to live in today, because yesterday is gone, and tomorrow will be today in next few hours. Today is where you will make your choices. Remember, it is not your capability or your circumstances, it is your choices that define who you are so live in today and make the right choices. Being a champion is an honor, you win or you lose it doesn't matter, If you decided to continue your journey and keep going on, one step ahead of another. You are the champion. Take your step today and build your own legacy remember tomorrow is here already!

Your source of motivation?

My subconscious is my worst enemy and my best friend. Whenever I want to do something immediately my subconscious kicks in, “You cannot do it”. One year back, I was thinking how the public speaking champion doing whatever he is doing during his speeches. But that notion of my subconsciousness always left me relentless, unhappy and uncomfortable till I prove my sub-consciousness wrong. Last, but not the least everything I do is to leave my legacy behind not only for my kids, for my family and for the nation.



NOMAN ABID

D122 Speech Evaluation Champion

Tell us about yourself?

I am an Executive Public Speaking Coach working with C-Level corporate clients and a Corporate Trainer currently working with Zameen.com

How are you feeling about becoming a Champion?

It might be funny, but I feel the same :). You become champion and the very next day you are back on the track with bigger

goals and aspirations. I believe becoming a champion is not a destination but a milestone in the journey.

What is your family member's reaction to your victory?

They are all over the moon, and one thing that keeps me going is their happiness.

Tell us about your journey to a title?

Allah has been kind to me, I still know that there are people who are more experienced, more skilled, and better speakers than me. But one thing which I always focus on is not to win, not to impress, but to give my best and challenge myself to grow along the way. I did only that and the title slipped in!

Any advice to fellow toastmasters?

Your competitive edge is the amount of effort you put in before coming on to the stage!

Your source of motivation?

What if that is my last performance!



CONGRATULATIONS TO DISTINGUISHED DIVISION AND AREAS



JAMAL AHMED

D122 Table Topics Champion

Tell us about yourself?

Born and raised in Quetta, I was a shy kid when I shifted to Islamabad in grade five. I'm more of an ambivert person - finding comfort in situations, where I can be alone and don't have to mingle with many people, but at the same time, I love speaking on stage and expressing and sharing stories. Professionally, I'm a Chartered Accountant and currently manage my own boutique consulting firm that helps startups and businesses with their investor documents. Previously, I was associated with the corporate sector for close to seven years.

How are you feeling on becoming a Champion?

Humbled and ecstatic. I know that I'm here because of my mentors and their constant support and trust in my abilities.

What is your family member reaction to your victory?

I had my son's "aqeeqa" on the day of the competition. So, immediately after delivering my speech, I had to close the zoom meeting and rush towards other chores. Honestly, I thought I didn't give my best, and my family was trying to console me and that it was fine. Surprisingly, my family didn't react much after hearing the news. They think that it's "just another competition" that I've won. Maybe, I need to be louder with my celebration at home!

Tell us about your journey to title?

I remember the first topic I was asked to speak about on my first day at Toastmasters, "Life of a waiter." It has been a journey of self-improvement from my first day to this day. I've participated in contests for 3 years. This is the first time I've become a champion. I'd be honest that I was really disappointed the last time I was knocked out of the competition. Maybe, it was the fire and motivation that made me get this far.

Any advice to fellow toastmasters?

Enjoy the journey, make friends and be passionate speakers.

Your source of motivation?

A lot of people for different situations. I find motivation in my family to do better. At the same time, I'm motivated by different entrepreneurs, peak performers, and my personal coaches. To name a few, Gary Vee, Yahya Bakkar, Ed Mylett, among many others.



SHAWAZ BALOCH

D122 Tall Tales Speech Champion

Tell us about yourself?

I am ex naval combat pilot, motivational speaker, social entrepreneur, coach and mentor, CEO school of motivation. Moreover, I'm a gold medalist in MS Project management.

How are you feeling about becoming a Champion?

Feeling jubilant but incomplete because I've just achieved a small milestone of my journey towards the world

championships of Toastmaster International. Now, the journey has just started. A very enthusiastic and confident that one day I'll be able to present district 122 on international championship. This is my goal.

What is your family member's reaction to your victory?

They were very happy, specially my father, by becoming my assistant on managing the camera, during online contest, due to my visual impairment.

Tell us about your journey to a title?

Being a blind toastmaster, the journey was never easy but due to my creativity and consistency will power and determination it made the impossible possible for me. Specifically, my mentor DTM Saif Ali sheikh has always mentored me to reach to the galaxy of toastmasters international by winning this championship

Any advice to fellow toastmasters?

My advice to fellow toastmasters is to focus on the speech objectives of club level speech projects and for the contest always focus on the judge's criteria for the evaluation which will help you to construct and frame your speech according to the contest criteria. In addition, always do the practice of speech before contest at least 50 times which will help you to deliver the speech in a swift manner.

Your source of motivation?

My source of motivation was to become a district champion, which I was trying for past 3 years. My failures in the division contest became my source of motivation to become a district champion.



DISTINGUISHED TOASTMASTERS

We would like to congratulate following members on achieving the highest education award i.e. Distinguished Toastmasters (DTM) during the year.



محمد فاروق

اردو تقریری مقابلے کے چیمپئن ممتاز ٹوسٹ

آپ اپنے بارے میں کچھ بتائیں؟

نام محمد فاروق۔ پیدائش کراچی۔ شعر و ادب سے شغف کے باعث میں علی عسکر فاروقی کے قلمی نام سے اپنی گزارشات لکھتا ہوں۔ میں نے چارٹرڈ اکاؤنٹنسی، قانون اور اسلامی مالیات کی تعلیم حاصل کی۔ زندگی کا کچھ حصہ خلیج میں گزارنے کے بعد آج کل ایک آڈٹ فرم میں بطور پارٹنر اپنی خدمات سرانجام دے رہا ہوں۔

تقریری مقابلے میں کامیابی پر آپ کے کیا جذبات و احساسات تھے؟

الحمد للہ!! کامیابی ایک بہت خوشگوار اور انتہائی پر مسرت احساس ہے جس سے انسان کو تروت اور تسکین حاصل ہوتی ہے۔ ذاتی طور پر مجھے اپنی کامیابی سے زیادہ اس بات پر فخر ہے کہ حسن خطابت کے ایک رکن کی حیثیت سے میں نے اردو مقابلے میں سر فہرست رہنے کا اعزاز حاصل کیا۔ کیونکہ حسن خطابت پاکستان کا پہلا اور واحد اردو ٹوسٹ ماسٹر کلب ہے۔ لہذا اس کلب کی کامیابی میرے لئے زیادہ اہم ہے۔

آپ کی کامیابی پر اہل خانہ کا کیا رد عمل تھا؟

عموماً تقریری مقابلے کے نتائج کا اعلان مقابلے کے فوراً بعد کیا جاتا ہے مگر اس بار نتائج کا اعلان کانفرنس کے اختتام پر کیا گیا۔ لہذا تجسس اور بے چینی نے پورے ہفتے ہمارے گھر کو گھیرے رکھا۔ الحمد للہ اس تجسس کا اختتام کامیابی کی نوید کے ساتھ ہوا۔ یوں ہماری اور گھر والوں کی بے چینی مسکراہٹ و مبارک باد میں بدل گئی۔

اردو مقابلے کے فاتح کے اعزاز تک پہنچنے کا سفر کیسا تھا؟

شعر و ادب سے دلچسپی نے مجھے کہانی لکھنے کے مشغلے کی طرف راغب کیا۔ ٹوسٹ ماسٹرز میں شمولیت سے معلوم ہوا کہ ٹوسٹ ماسٹرز کی تقریر اردو افسانے کی طرح ہوتی ہے۔ جس میں تشبیح، گریز، مضمون، زیب داستان اور نتیجہ اخذ کیا جاتا ہے۔ کہانی لکھنے کی مشق کی وجہ سے مجھے تقریر لکھنے میں کم مشکل پیش آئی۔ البتہ مجھے لوگوں کے سامنے کھڑے ہو کر بات کرنے سے ڈر لگتا تھا۔ یہی ٹوسٹ ماسٹرز میں شمولیت کا مقصد تھا۔ ٹوسٹ ماسٹرز کے نصاب میں شامل مختلف اقسام کی تقاریر کی مشق سے مجھے اپنی جھجک، حساسیت اور ڈر کو ختم کرنے میں بڑی مدد ملی۔ اردو مقابلوں کے اعلان کے ساتھ ہی میری کوشش اور خواہش تھی کہ حسن خطابت کا کوئی رکن قومی چیمپئن کا اعزاز حاصل کرے۔ اسی تگ و دو میں ایک بہترین موضوع تلاش کیا گیا، اسکے مرکزی خیال کے گرد ایک ہلکی پھلکی مزاح آمیز کہانی تشکیل دی گئی، زبان میں نفاست و سلاست رکھی گئی، الفاظ چنیدہ اور شاعرانہ رکھے گئے سب سے آخر میں ایک دل کو چھو لینے والا پیغام۔ الحمد للہ تقریر لکھنے کے منفرد فن اور مسلسل ادائیگی کی مشق سے حسن خطابت اس مقابلے میں سر فہرست رہا۔

ساتھی ٹوسٹ ماسٹرز کے لئے کیا کہنا چاہیں گے؟

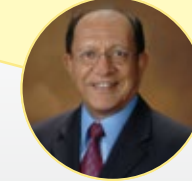
اپنے مقاصد متعین کریں اور ان کے حصول تک چین سے نہ بیٹھیں۔ اپنی کمزوریوں سے سمجھوتہ نہ کریں۔ انہیں پہچانیں اور انکو اپنی طاقت اور توانائی میں تبدیل کریں۔ یہ بات یاد رکھیں کہ خدا نے آپ کے اندر بڑی صلاحیتیں رکھی ہیں۔ انکو کھوجنا، اجاگر کرنا اور انسانی فلاح میں استعمال کرنا ہی شکر کی بہترین شکل ہے۔

آپ کس ذریعہ سے امید اور حوصلہ اخذ کرتے ہیں؟

میرے والدین، اساتذہ، احباب، اتالیق، مربی، کلب کے اراکین اور وہ لوگ جن سے میں اپنی کہانیوں اور تقریروں کا مواد اخذ کرتا ہوں سبھی میرے لئے حوصلہ افزائی اور ہمت افزائی کا ذریعہ ہیں۔



Talha B. Hamid, DTM
Karachi Toastmasters Club
Division / Area: B / 1



Sarfaraz Nazir, DTM
Karachi Toastmasters Club
Division / Area: B / 1



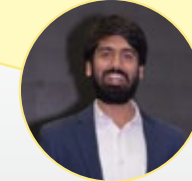
Saad Shoaib, DTM
Karachi Toastmasters Club
Division / Area: B / 1



Ali Ashar Anjum, DTM
Karachi Toastmasters Club
Division / Area: B / 1



Zaid Kaliya, DTM
CA Toastmasters Club Karachi
Division / Area: B / 3



Waqar Manzoor, DTM
CA Toastmasters Club Karachi
Division / Area: B / 3



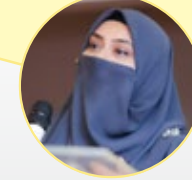
Muhammad Farooq, DTM
Husne Khitabat Toastmasters Club
Division / Area: B / 3



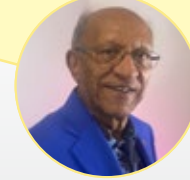
Jayaa Jaggi, DTM
Cloud 122
Division / Area: C / 4



Ahmad Abdullah, DTM
SAY Global Toastmasters Club
Division / Area: A / 5



Erum Ghayas, DTM
Dow IBHM Toastmasters Club
Division / Area: B / 2



Sarfaraz Nazir, DTM
Karachi Toastmasters Club
Division / Area: B / 1



Erum Rizvi, DTM
Quantum Leap Toastmasters
Division / Area: B / 1



PAKTAC 22 LEAVE NO ONE BEHIND

This year we created and witnessed history when we organized the first ever in person conference coupled with online contests. The in person conference started from Karachi, the business hub of the country, travelled to Lahore, the capital of the most populous province of Pakistan and culminated in the Federal Capital of Pakistan, the serene Islamabad. It was the third Annual Conference, with the first two online conferences. The in person events were attended by over 300 people across the 3 cities of Pakistan from all walks of life, entrepreneurs, executives, lawyers, doctors, management professionals, bureaucrats, students, marketing professionals, media personnel. In addition, there were four online sessions which also attracted large audience. The event had 22 speeches & panel discussions, live music performance, 5 speech contests finale, Business Meeting and Oath taking ceremony of upcoming district leaders. Some of the prominent speakers were Dr Amjad Ali, Shireen Naqvi, Kamran Rizvi, Ashfaq Tola, Dr Waheed Ali, JehanZeb Amin, Zuarayze Tarique, Afshan Nayab Joseph, Touseef Alam Khan & Asad Feroze. We have captured the PAKTAC 2022 in pictures.





ISLAMABAD



KARACHI



LAHORE

STAND UP FOR THE CHAMPIONS

During the current year we have witnessed **5 categories** of speech contest in **District 122** starting from **club** and culminating at **District level**. A huge round of applause for all contestants specially **the Winners**.



DISTRICT LEADERS 2022-23



Talha Bin Hamid
Immediate Past District
Director



Malik Omair
District Director



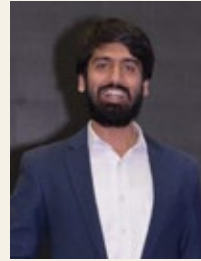
Atif Irfan
Program Quality
Director



Zaid Kaliya
Club Growth
Director



Azam
Division A Director



Waqar Manzoor
Director B Director



Akash Kumar
Division C Director



Athar
Public Relations
Manager



Ghulam Abbas
Finance Manager



Hinna Ali
Admin Manager



Zeeshan Abid
Parliamentarian



Imran Rana
Area 1 Director



Amir Bilal
Area 2 Director



Moiz Naeem
Area 3 Director



Ali Amjad
Area 4 Director



Yasin
Area 5 Director



Ahmed Suleman
Area 6 Director



Adnan Khokar
Area 7 Director



Muddasir
Area 8 Director



Hasan
Area 9 Director



Saad Shoaib
Area 10 Director



Rabia Zeeshan
Area 11 Director

چھوڑیں گے نہ کسی کا بھی اب ساتھ یہاں ہم

از قلم ٹوسٹ ماسٹر ابرار وانی

کرتے ہیں ٹوسٹ ماسٹر کی بات یہاں ہم
پیغام محبت ہے لب بام جہاں ہم

گفت و شنید بر سر ابلاغ ہے تیکر
یاں محو زباں آپ ہیں اور جلوہ کناں ہم

موقع ملے سبھی کو یہاں لب کشائی کا
سنتے ہیں بولتے ہیں جہاں آپ وہاں ہم

مقرر کرے یوں بات کہ دل چاہے مکرر
شیریں زباں کے ساتھ ہیں اب شعلہ زباں ہم

موضوع ملے کیا بھی سب ماہر ہیں فی البدیہ
منہ منہ جواب آئے کہ رکھتے ہیں زباں ہم

رکھتے ہیں گہری نظر یہاں تجزیہ نگار
زیرک ہیں ہوشیار ہیں اب محو زباں ہم

سالانہ ہے اجلاس ضلع ایک سو بائیس
چھوڑیں گے نہ کسی کا بھی اب ساتھ یہاں ہم

REACH OUT TO YOUR POTENTIAL CUSTOMERS BOOK YOUR ADVERTISING PAGE NOW

We have a vibrant member base consisting of **43+ clubs** across all major cities. The membership base consists of professionals, intellectuals, students, entrepreneurs, and other people from all walks of life, with a strong community reach. **CRESCENDO** is a representative periodical of this community and will enjoy circulation across the world through internet and other digital means. Therefore it forms an ideal platform for establishing recognition of your brand or product.

CRESCENDO HAS A FOLLOWING REACH:

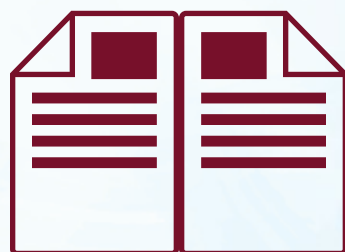


ADVERTISING SPECIFICATION

SINGLE PAGE



DOUBLE PAGE



COVER INSIDE



TOASTMASTERS
INTERNATIONAL

DOES YOUR ORGANIZATION NEED BETTER SPEAKERS AND LEADERS?

Thousands of corporations and organizations take advantage of Toastmasters International's proven education program. Start an in-house club and discover the benefits. Employees will learn to:

- Communicate clearly with customers and each other
- Speak up with confidence
- Organize well-run meetings
- Lead teams
- Mentor others
- Provide constructive feedback

COST

- \$125: One time charter fee
- \$20: New-member fee per person
- \$45: Six months' membership dues per person



To charter inhouse Toastmasters club and for more detail
contact at zkaliya@hotmail.com